

* 15 Healthy and Delicious Snack Ideas *



1/2 cup Greek yogurt + honey + homemade granola



Apple slices + nut butter



Cheese stick + grapes



Air-popped popcorn + olive oil + sea salt



Handful almonds + dried fruit



shelled edamame with sea salt



Turkey slices + cheese rolled up



Energy Bar with real ingredients



cottage cheese with pineapple or blueberries



Tortilla chips + guacamole



Celery with cream cheese



Hard boiled eggs with hummus



Rice cake with peanut butter



Greek yogurt with jam



Hummus + veggies