

Spice Pantry Staples List

Having a well-stocked spice pantry will take your cooking and baking to a new level of deliciousness. In addition to adding flavor, you may be able to eliminate some salt because the taste is so improved!

- [Allspice](#), ground and whole
- [Basil](#)
- [Bay leaves](#)
- [Black pepper](#)
- [Cayenne powder](#)
- [Chili powder](#)
- [Cinnamon](#), ground
- [Cloves](#), ground
- [Cream of tartar](#)
- [Cumin](#), ground
- [Curry powder](#)
- [Dill weed](#)
- [Fennel seeds](#)
- [Garlic powder](#)
- [Ginger](#), ground
- [Marjoram](#)
- [Mint](#), dried
- [Mustard](#), dried ground
- [Nutmeg](#), ground
- [Onion powder](#)
- [Oregano](#), dried
- [Paprika](#)
- [Parsley](#), dried
- [Peppercorns](#), dried black
- [Poppy seeds](#)
- [Red Pepper Flakes](#)
- [Rosemary](#), dried
- [Sage](#), dried and rubbed
- [Sea salt](#)
- [Sesame seeds](#)
- [Tarragon](#), dried
- [Thyme](#), ground and dried
- [Turmeric](#)
- [Vanilla extract](#)